



Leicester Ageing  
Together



**Project**

**Details**

Belgrave  
Evington  
Sp Hills & Wycliffe  
Thurncourt  
City Wide

**Contact details**

*Information & Support for people with hearing loss*

Info & practical support with hearing aids, hearing screenings, befriending, Deaf Friends social group

**Action on Hearing Loss**

*Anything Goes*

Engage with beneficiaries to develop local activities/sessions as required

**Age UK**

*Befriending & Mentoring*

Variety of support - face to face & phone calls, support to access activities.

**Age UK**

Ongoing support from Volunteers

*Loneliness Prescriptions*

Supporting GP practices to work with

**Age UK**

lonely & isolated older people

*Men in Sheds*

Opportunity to take part in a wide range of practical activities - located City centre

**Age UK**

*Singing for the Brain*

Singing Sessions for people living with dementia and their carers

**Alzheimer's Society**

*CrISP*

A 4 week programme offering information & signposting for families, friends & carers of those with dementia

**Alzheimer's Society**

*Crafting relationships*

Various Crafting projects in groups.

**Beauty & Utility Arts**

Delivered in Spinney Hills ward.

*Activities for older South Asians*

Day Centre, Lunch clubs, Welfare advice and social activities.

**Confederation of Indian**

**Organisations (CIO)**

*Roots & Shoots*

Intergenerational Gardening & Growing projects

**Focus**

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|   |   |  |  |  |   |   |  |
|---|---|--|--|--|---|---|--|
| <i>Activities for BME Communities</i><br><b>Highfields Community Association</b>                | Regular social sessions - arts, information, learning activities  |  |  |  |   |   | 0116 253 1053<br><a href="mailto:furzana.khalifa@highfieldscentre.ac.uk">furzana.khalifa@highfieldscentre.ac.uk</a>          |
| <i>Social Prescriptions (Evington)</i><br><b>Learning for the 4<sup>th</sup> Age</b>            | Working with patients from Downing Drive Surgery, to offer learning & volunteering. Training, Learning, Relaxation and Exercise sessions. Social events & Open days |  |  |  | ✓ |   | 07933 109630<br><a href="mailto:anita.barrand@l4a.org.uk">anita.barrand@l4a.org.uk</a>                                       |
| <i>Social Engagements Programme</i><br><b>Pakistan Youth &amp; Community Association (PYCA)</b> |   |  |  |  |   | ✓ | 0116 254 8012<br><a href="mailto:info@pyca.org.uk">info@pyca.org.uk</a>  |
| <i>Neighbourhood Guardians</i><br><b>Papworth Trust</b>   | Supporting vulnerable older and disabled people into the community with help provided by volunteers.  |  |  |  | ✓ | ✓ |  |
| <i>Neighbourhood Task Squad</i><br><b>Papworth Trust</b>  | A means tested service aimed at reinstating sense of security & wellbeing - clearing, cleaning and repairing peoples' homes & gardens.                              |  |  |  | ✓ | ✓ | 0116 401 6423<br><a href="mailto:LAT.leicester@papworthtrust.org.uk">LAT.leicester@papworthtrust.org.uk</a>                  |
| <i>Home from Hospital</i><br><b>RVS</b>   | Low level practical support for 6 weeks when returning from hospital.   |  |  |  |   |   | <a href="mailto:leicsrutlandhub@royalvoluntaryservice.org.uk">leicsrutlandhub@royalvoluntaryservice.org.uk</a> 0116 266 7712 |
| <i>Older &amp; Wiser</i><br><b>Workers' Educational Association</b>                             | Community learning sessions and social activities   |  |  |  | ✓ | ✓ | 0116 366 0925/6<br><a href="mailto:olderandwiser@wea.org.uk">olderandwiser@wea.org.uk</a>                                    |
| <i>Advocacy</i><br><b>West Indian Senior Citizens Project</b>                                   | Information & advice on Housing, Welfare Benefits, Health & Care and much more, for older African Caribbean people.   |  |  |  |   |   | ✓  |
| <i>Befriending</i><br><b>West Indian Senior Citizens Project</b>                                | Regular visits to home to reduce isolation, for older African Caribbean people.   |  |  |  |   |   | 0116 248 8190<br><a href="mailto:info@wiscp.org.uk">info@wiscp.org.uk</a>  |
| <i>Older &amp; Bolder</i><br><b>West Indian Senior Citizens Project</b>                         | Social, training & educational opportunities, for older African Caribbean people.   |  |  |  |   |   | ✓  |
| <i>Carer's Club</i> <b>West Indian Senior Citizens Project</b>                                  | Carers Club and Mango Tree men's group for older African Caribbean people.  |  |  |  |   |   | ✓  |

