



Over 50 and living in Thurncourt?

Thurncourt Meet & Greet Event: A BIG THANK YOU from Anna, Bharti and Debs to local community groups and organisations, who attended our Meet & Greet session 17th Oct. Refreshments were provided while people from various community activities and groups 'buzzed' with ideas of how best to help reduce social isolation and loneliness in the Thurncourt area. This interactive session gave groups an opportunity to network and discuss new ideas. Anna and Debs will invite local groups to a further session to look at ways of sharing skills, knowledge, experience and possible resources to benefit the community. at the beginning of December. Finally, a shout out to Christchurch for letting us use their hall to deliver the session.



Tea Dance Come and join our friendly group, have fun and benefit from the exercise. We enjoy sequence, ballroom and line dancing. All welcome. Every Thursday 2-4pm at TLCC.

Vista Social Groups offer a supportive environment for people with sight loss to come together and take part in social activities or events. A fantastic way to meet people and a great opportunity to get out and have fun. Regular groups at Thurnby Lodge Community Centre, new members always welcome. Monday Group: 2nd Monday of each month. Wednesday Group: 2nd Wednesday of each month. Call Naina Surti **0116 249 8880** for details & costs.

Christchurch Sings Join the choir from Wednesday 7th November for 6 weeks at Christchurch 6 -7pm. All ages welcome!

Christchurch Christmas Dinner 25th December, Christmas Day! Free of Charge, arrive from 12.30 for a 1pm lunch. You are welcome to join us at our 10am Service beforehand. Please book for lunch as places are limited - **0116 241 9526**

If you were involved in any way with the **WEA Older and Wiser project** and want to update us on how you're doing or have any questions about how you can keep learning, we'd love to hear from you! Call Jan on **0116 366 0926**.

The WEA is continuing to offer a **Beginners computer skills course** at Thurnby Lodge Community Centre. Whether you're an absolute beginner or want to build on what you know, you'll be very welcome to join us on a Wednesday 1 -3pm. For more information or to book a place call **0116 255 6614** or email 101leicester@wea.org.uk

Regular Activities in Your Area - Free unless stated otherwise.

TLYCC – Thurnby Lodge Youth & Community Centre, call **0116 292 4550**

Coleman Neighbourhood Centre call **0116 221 1421**.

Monday

- Humberstone Bowls Club, 9.30am- 12, Coleman Neighbourhood Centre
- Silver Threads Group – Refreshments, Chat & Bingo 1.30-3.30pm, TLYCC
- Whist Club, 8-10pm, TLYCC

Tuesday

- Councillors' Surgery 1st Tues of the month 9.30-11am, TLYCC
- Lunch club (Can arrive from 11.45am), 12.30-1.30pm, TLYCC
- Seabrook Social Group, 2-4pm, now at TLYCC
- Men's Walking Football, 7.45-8.45pm, Evington Leisure Centre, Call **0116 299 5575**
- Bingo and Bar, 6.30 – 9.30pm, TLYCC

Wednesday

- Coffee and Chat, 9am-11am, Christchurch Hall. Coffee & chat with pop up charity shop, 7th & 21st November, 5th & 19th December, Contact **0116 241 9526**
- Councillors' Surgery, 6.30-8pm, 1st Wed of the month, TLYCC
- Wednesday Club - Refreshments, Chat & Bingo, 1.30-3.30pm, TLYCC

Thursday

- Pop-in Café 10 -12.30 at TLYCC, £1 on the door. Different activities every week with something for everyone, information & support always available. £1. Call Amanda **07525 237 897**
- Sequence dancing and tea dancing, 2-4pm, TLYCC
- Mundella Golden Hours retirement club, 2-4pm, TLYCC. Various activities – Nominal cost of £1.50 per session, contact Kay on **07909 968 687**

Friday

- Coffee and chat, 10am-12pm, 55th Community Group in Nursery Road – call Jan on **07542 165 336**
- Pompom Dance Group for people living with dementia & their carers, 3rd Friday of each month, 2.15 to 3.45pm, Christchurch Hall. Call Nina **07500 833 771**
- Bingo and Bar, 6.30 – 9.30pm, TLYCC

Information correct at time of going to press. Activities could be subject to last minute changes.